

Shape Up Somerville 5k Run/Walk



Date: Sunday, September 30th, 2007 **Rain OR Shine**

Time: 10:00 am 1.5 mile Kids Road Race for ages 9-14
10:30 am 5k Run/Walk
12:00 pm 100 and 200 yard dashes on Trum Field for ages 3-6
Race around Trum Field for ages 7-8

Location: Trum Field (At approx. 560 Broadway)
Somerville, MA

Shirts to the first 300 registered runners

Entry Fees: Kids- \$3 pre-race OR day of race
Adults/all 5K runners- \$15 pre-race (by 9-25-07) /\$20 day of race

Name

All applications postmarked by September 25th, 2007 will receive a free T-shirt!

Address

Size (Circle one):

Adult: S M L XL XXL

Kids: S M

City/State/Zip

Phone Number

Checks payable to: **Somerville Children's Network**

Email (to receive free race newsletter!)

Mail to: Kirsten Chervinsky
P O Box 440049
Somerville, MA 02144-0049

M ☐ F ☐ Age on Race Date _____

Special 5k Divisions: (Check if applicable)

Doctors Division ☐ (For doctors, must wear white coat during race)

Scrubs Division ☐ (For healthcare professionals, must wear scrubs during race)

Online registration at:
<http://www.shapeupsomerville5k.org>

Signature, Please Note: Unsigned forms will not be accepted for pre or post registration
(Parent or guardian if applicant is under age 18)

Date

Disclaimer: By signing this entry form, I (for myself, my heirs my executors and administrators) release all sponsors and all officers and members of Shape Up Somerville from all liability or other responsibility for any injury or damages that may occur in travel to or from or while running in or attending the above activities and verify that I am trained and in good physical condition.



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